

Stateside Outreach Information

What to Bring List

	Sleeping bag, pillow, pad, etc (for a good night's sleep on a FLOOR)
	Clothing for: (ALL must be modest)
	Church service ministry services (one set)
	Modest sleeping wear
	Modest swim suit just in case
	Sports type clothing
	Underclothing for the full trip
	Various warm weather possibilities (remember modest)
	Work clothes for painting, etc. (don't forget shoes)
	Youth ministry church services (casual)
	Battery alarm clock
	Bible, your notebook, pen, etc.
	Camera/film (nothing you want to lose)
	Ear plugs? Eye shades? Snoring Neighbors
	Extra glasses or contacts, if needed
	Prescription medications, if needed
	Spending money for souvenirs, offerings, etc.
	Toiletries and Towel for showers
	Girls you should bring all your toiletries as your cycles can change
	If you have special dietary needs, bring your special items
	WHAT NOT to BRING:
	Anything illegal, immoral or unethical
	Boyfriend, girlfriend, intimate relationships (unless married)
	Computers or PDA's
	Distractions
	Grudges
	No walkman's, disc-mans, cell phones, mp3 players, etc. (the success of this outreach will be based on your ability to hear from God and work together. Living in your own musical world makes that tough. Thanks.)